

Learn more about Carolyn

Carolyn Abrahamzon, MS, LPC Associate



Carolyn Abrahamzon is a Licensed Professional Counselor Associate and coach who specializes in work with the adoption constellation.

Focusing her work on adult adoptees, Carolyn specializes in healing attachment wounds, working through trauma, and the core issues of adoption as experienced by constellation members (grief, loss, shame, and more).

Carolyn seeks to work with clients from a collaborative, person-centered, nonjudgemental perspective, and hopes to create a welcoming environment for all who come to her for support.

She is interested in the connection between adoption, epigenetics, and well-being, and is excited for the opportunity to integrate these elements into her work. Carolyn is originally from Mississippi, currently living in South Carolina with her husband, two children, and dog Lola.

She received her B.A. in Human Development and Family Studies in 2020 and her M.S. in Clinical Mental Health Counseling in 2023. She volunteers with Adoptees Connect, an adoptee-centric peer-connect group, as a group facilitator, and with Postpartum Support International as a peer mentor

Ready to schedule a telehealth visit with Carolyn?

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