

## Learn more about Terry

Terry Roberto, LCSW



Terry Roberto joins the WBH Counseling & Therapy team of providers with nearly two decades of experience as a biology and anatomy teacher before becoming a Licensed Clinical Social Worker in 2016.

As an LCSW, Terry incorporates Cognitive Behavioral Therapy, Inner Child Work, Solution Focused, and Family Systems to her sessions. Well versed in helping people walk through grief, anxiety, depression, self-esteem

challenges, and relationship issues, she is passionate about integrating the biological piece of behavioral health to psychotherapy.

Specializing in Christian Counseling and equally comfortable with nonfaith-based therapy, she enjoys running, DIY projects, and interior design in her free time.

Ready to schedule a telehealth visit with Terry?

Call the office: 1-888-841-7099

Email: [WBHCounseling@gmail.com](mailto:WBHCounseling@gmail.com)

Online: [Discovery Call with WBH Counseling - Wired Biohealth](#)